

# July

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NO PRACTICE	J-ELITE: 4:30-6:30 ELITE PRACTICE	1 LTD: 5:00-6:15PM J-ELITE: 5:00-7:00 ELITE PRACTICE	2 J-ELITE: 4:30-6:30 ELITE PRACTICE	3 LTD: 5:00-6:15PM J-ELITE: 5:00-7:00 ELITE PRACTICE	4 ELITE PRACTICE	5 ELITE: GYMNASTICS UNLIMITED
6 NO PRACTICE	7 J-ELITE: 4:30-6:30 ELITE PRACTICE	8 LTD: 5:00-6:15PM J-ELITE: 5:00-7:00 ELITE PRACTICE	9 J-ELITE: 4:30-6:30 ELITE PRACTICE	10 LTD: 5:00-6:15PM J-ELITE: 5:00-7:00 ELITE PRACTICE	11 ELITE PRACTICE	12 ELITE: GYMNASTICS UNLIMITED
13 NO PRACTICE	14 J-ELITE: 4:30-6:30 ELITE PRACTICE	15 LTD: 5:00-6:15PM J-ELITE: 5:00-7:00 ELITE PRACTICE	16 J-ELITE: 4:30-6:30 ELITE PRACTICE	17 LTD: 5:00-6:15PM J-ELITE: 5:00-7:00 ELITE PRACTICE	18 ELITE PRACTICE	19 ELITE: GYMNASTICS UNLIMITED
20 NO PRACTICE	21 J-ELITE: 4:30-6:30 ELITE PRACTICE	22 LTD: 5:00-6:15PM J-ELITE: 5:00-7:00 ELITE PRACTICE	23 J-ELITE: 4:30-6:30 ELITE PRACTICE	24 LTD: 5:00-6:15PM J-ELITE: 5:00-7:00 ELITE PRACTICE	25 ELITE PRACTICE	26 ELITE: GYMNASTICS UNLIMITED
27 NO PRACTICE	28 J-ELITE: 4:30-6:30 ELITE PRACTICE	29 LTD: 5:00-6:15PM J-ELITE: 5:00-7:00 ELITE PRACTICE	30 J-ELITE: 4:30-6:30 ELITE PRACTICE	31 LTD: 5:00-6:15PM J-ELITE: 5:00-7:00 ELITE PRACTICE	ELITE PRACTICE	ELITE: GYMNASTICS UNLIMITED