

December

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 NO PRACTICE	2 J-ELITE: 4:30-6:30 ELITE PRACTICE	3 LTD: 5:00-6:15PM J-ELITE: 5:00-7:00 ELITE PRACTICE	4 J-ELITE: 4:30-6:30 ELITE PRACTICE	5 NO PRACTICE	6 NO PRACTICE	7 NO PRACTICE USA DIVING – WINTER NATIONALS
8 NO PRACTICE USA DIVING – WINTER NATIONALS	9 WINTER NATIONALS J-ELITE: 4:30-6:30 ELITE PRACTICE	10 WINTER NATIONALS LTD: 5:00-6:15PM J-ELITE: 5:00-7:00 ELITE PRACTICE	11 WINTER NATIONALS J-ELITE: 4:30-6:30 ELITE PRACTICE	12 WINTER NATIONALS LTD: 5:00-6:15PM J-ELITE: 5:00-7:00 ELITE PRACTICE	13 WINTER NATIONALS ELITE PRACTICE	14 WINTER NATIONALS ELITE: GYMNASTICS UNLIMITED
15 WINTER NATIONALS NO PRACTICE	16 J-ELITE: 4:30-6:30 ELITE PRACTICE	17 LTD: 5:00-6:15PM J-ELITE: 5:00-7:00 ELITE PRACTICE	18 J-ELITE: 4:30-6:30 ELITE PRACTICE	19 LTD: 5:00-6:15PM J-ELITE: 5:00-7:00 ELITE PRACTICE	20 NO PRACTICE	21 ELITE: GYMNASTICS UNLIMITED
22 NO PRACTICE	23 J-ELITE: 4:30-6:30 ELITE PRACTICE	24 NO PRACTICE	25 NO PRACTICE	26 LTD: 5:00-6:15PM J-ELITE: 5:00-7:00 ELITE PRACTICE	27 ELITE PRACTICE	28 ELITE: GYMNASTICS UNLIMITED
29 NO PRACTICE	30 J-ELITE: 4:30-6:30 ELITE PRACTICE	31 LTD: 5:00-6:15PM J-ELITE: 5:00-7:00 ELITE PRACTICE	J-ELITE: 4:30-6:30 ELITE PRACTICE	LTD: 5:00-6:15PM J-ELITE: 5:00-7:00 ELITE PRACTICE	ELITE PRACTICE	ELITE: GYMNASTICS UNLIMITED